

## North Kingstown Recreation and the YMCA Bring you SWIM LESSONS on North Kingstown Town Beach



### **YOUTH SWIM PROGRAM August**

The YMCA is offering swim lessons for ages 6-12 and all skill levels. The YMCA youth swim lessons emphasize water safety, skill, and stroke development. Beginning swimmers are introduced to basic stroke movement and learn how to be more comfortable in the water. More advanced swimmers are instructed in stroke technique, endurance and safety skills. Our swim lessons have a low child-to-instructor ratio, and there will always be a lifeguard present during lessons! Resident Fee is **\$68.00** Non-Resident **\$75.00** 

We at NK Rec and the YMCA take your health and safety very seriously. We will be abiding by the State COVID Guidelines that are subject to change. Please only send ONE guardian with child for program. Children and Staff must wear a mask, children must take it off when entering the water. Please have hand sanitizer available for individual use. There will be a screening at drop off, including temperature taking, please allow yourself an extra few minutes. If your child has a temperature or answers yes to any of the following questions, they will not be allowed to participate in the program that day:

- Are exhibiting any symptoms of the coronavirus: mild to severe respiratory illness with fever, coughing, difficulty breathing, or other symptoms identified by the CDC.
- Have been in contact with someone with COVID-19 in the last 14 days.

August 6, 13, 20, 27

• If you have a serious underlying health condition, including high blood pressure, chronic lung disease, diabetes, obesity, as thma, or whose immune system is compromised parental discretion for participation will be advised

Lifeguard on duty at all times\*No Reimbursements\*No guaranteed makeup days dependent on weather and staff

### **TUESDAYS**

**Dates:** Aug 4, 11, 18, 25 **Times:** 12:00pm-12:45pm

**THURSDAYS** 

#### **WEDNESDAYS**

**Dates:** Aug 5, 12, 19, 26 **Times:** 9:30am-10:15am

### **THURSDAYS**

**Dates:** August 6, 13, 20, 27 **Times:** 10:00am-10:45am 11:00am-11:45am 3:30pm-4:15pm

3:30pm-4:15pm

Please return this completed form and fee to: North Kingstown Recreation Department 100 Fairway Drive North Kingstown RI 02852. Make check payable to Town of North Kingstown. Registration is also available at <a href="https://nkrec.recdesk.com/Community">https://nkrec.recdesk.com/Community</a>

		Zip Code:
Child's Birthday:		Sex: M F
Month School:	Day Year	Grade:
Home Phone:		Cell Phone:
Cell Phone Carrier:		Opt. into Text Alerts? Y N
E-Mail address		
Medical		
		itional classes please fill out additional forms) 12:00pm-12:45pm
WEDNESDAYS A		

10:00am-10:45am

11:00am-11:45am



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## TOWN OF NORTH KINGSTOWN RECREATION DEPARTMENT

100 Fairway Drive

North Kingstown, Rhode Island 02852

Phone (401) 268-1542

## MINOR'S CONSENT TO PARTICIPATE AND HOLD HARMLESS AGREEMENT AND RELEASE

I, (Print Name of Minor's Parent or Legal Guardian)	state that
(Print Minor's Legal Name)	(hereafter referred to as "the
minor") the minor wishes to participate in (Print Name of Ev	
sponsored by	the North Kingstown Recreation Department (the "Recreation
Department").	•
the minor does not have to participate. It is understood that injury to the minor's person or damage to the minor's property voluntarily accept and assume the risk of injury to the minor participation in the event or program.  It is understood that the Recreation Department DOES NO.	ation in the above event or program is VOLUNTARY and that the event or program involves activities which could result in y, and that by participating, the minor's parent(s) or guardian(s) or or damage to the minor's property and consent the minor's DT provide any insurance coverage for the minor's person or that they are responsible for the minor's safety and the minor's property.
In exchange for allowing the minor to participate in this even to release from liability, indemnify, and hold harmless the Toronsequence of the minor's person or damage to the minor's participation in the event or procused, in whole or in part, by any negligence or want or officers, or employees.	t or program, the minor by and through the undersigned, agrees flown of North Kingstown, its agents, officers, and employees inor's property which arises out of or occurs during or as a ogram, whether or not such injury or damage may have been care on the part of the Town of North Kingstown, its agents ag upon the minor, the parent(s) or guardian(s), any successors
in interest, and/or any person(s) suing on the minor's behalf. The minor's parent(s) or guardian(s) understand that this do	ocument is complete unto itself and that any oral promises or or its terms are not binding upon the Town of North Kingstown
PARENT OR LEGAL GUARDIAN MUST SIGN BELO	W:
the above terms and conditions apply to said minor and to under ANY circumstances in the above specified event or produced the said minor and to the said minor and the sa	an of the minor whose name appears above. I understand that myself. I further understand that said minor cannot participate rogram without parental consent and that the minor will not be This document is binding on myself, the said minor, and any
BY INITIALING I AGREE TO THE UNRESOLVED USE OF MY CHILD'S N AND OTHER DEPICTIONS) FOR PUBLICIZING NORTH KINGSTOWN I	NAME AND/OR LIKENESS (INCLUDING PHOTOGRAPHS, VIDEO TAPES RECREATION ACTIVITIES AND EVENTS.
Minor's Name (PRINT):	Birth date of minor:
Home State of minor:	Today's Date:
Parent/Guardian Legal Name (PRINT):	

Parent/Guardian Legal Name (SIGN):\_\_\_\_\_



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### Assumption of the Risk and Waiver of Liability Relating to Coronavirus/COVID-19

The novel coronavirus, COVID-19, has been declared a worldwide pandemic by the World Health Organization. **COVID-19 is extremely contagious** and is believed to spread mainly from person-to-person contact. As a result, federal, state, and local governments and federal and state health agencies recommend social distancing and have, in many locations, prohibited the congregation of groups of people.

**North Kingstown Rec Programming** has put in place preventative measures to reduce the spread of COVID-19; however, NK Rec **cannot guarantee** that you or your child(ren) will not become infected with COVID-19. Further, **attending NK Rec Programming, being exposed to the public, could <u>increase</u>** your risk and your child(ren)'s risk of contracting COVID-19.

By signing this agreement, I acknowledge the contagious mature of COVID-19 and voluntarily assume the risk that my child(ren) and I may be exposed to or infected by COVID-19 by attending NK Rec Programming and that such exposure or infection may result in personal injury, illness, permanent disability, and death. I understand that the risk of becoming exposed to or infected by COVID-19 may result from the actions, omissions, or negligence of myself and others, including, but not limited to, NK Rec employees, volunteers, and program participants and their families even though North Kingstown Recreation is taking all possible precautions.

I voluntarily agree to assume all of the foregoing risks and accept sole responsibility for any injury to my child(ren) or myself (including, but not limited to, personal injury, disability, and death), illness, damage, loss, claim, liability, or expense, of any kind, that I or my child(ren) may experience or incur in connection with my child(ren)'s attendance at NK Rec Programs or participation in NK Rec programming ("Claims"). On my behalf, and on behalf of my children, I hereby release, covenant not to sue, discharge, and hold harmless NK Rec, its employees, agents, and representatives, of and from the Claims, including all liabilities, claims, actions, damages, costs or expenses of any kind arising out of or relating thereto. I understand and agree that this release includes any Claims based on the actions, omissions, or negligence of programs, its employees, agents, and representatives, whether a COVID-19 infection occurs before, during, or after participation in any programming.

Print Name of Parent/Guardian Print Name of Participant(s)